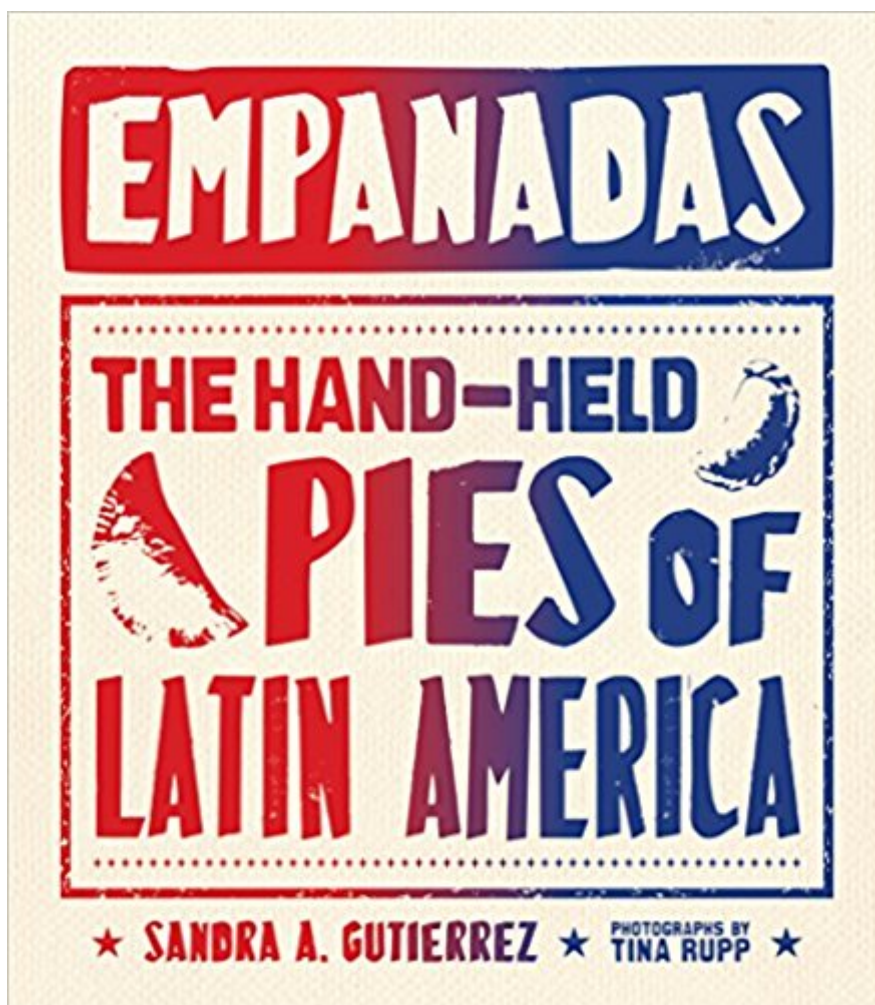




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# Empanadas: The Hand-Held Pies Of Latin America



## Synopsis

Found from New York to Los Angeles, from Mexico to Brazil and into the Latin Caribbean, empanadas are the most widely eaten hand-held pies in the world. They can be filled with a marvelous array of ingredients featuring simple, vibrant flavors and can make a perfect snack, everyday meal, decadent dessert, or great party fare. *Empanadas* offers a collection of the most delicious recipes and essential tips on creating the perfect mini pie for any occasion, from Argentinian cheesy spinach empanadas, crispy Mexican chorizo and potato pies with tomatillo salsa, and flaky Brazilian shrimp and tomato empanadas to Costa Rican empanaditas stuffed with gooey pineapple jam. With an introduction on the history of empanadas, a lesson on dough types and folding techniques, 60 succulent recipes, and mouthwatering color photographs throughout, *Empanadas* is a beautiful, practical, and definitive guide to making, serving, and enjoying everyone's favorite hand-held pie.

## Book Information

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## Customer Reviews

“Good things come in small packages, as Sandra Gutierrez shows in her appetite-rousing book. It is stuffed with a huge range of little pies, from the very authentic to cutting edge. I learned something about Latino culture and cooking on virtually every page.” (Rick Rodgers, author of *The Chelsea Market Cookbook* and *Kaffeehaus*) “What a warm introduction to the world's most satisfying portable meal. From rounds and rectangles to half-moons and footballs, empanadas of every shape, size, and nationality get a place at the table. I can't

wait to bite into these bundles of flavor and freeze some for later!" (David Joachim, author of *Cooking Light Global Kitchen*)

"Leafing through *Empanadas* I was torn between the impulse to dash into the kitchen and start making dough and wanting to sit down and read every word to learn about the regional differences, cultural traditions, and time-tested techniques that crowd every page of this wonderful book." (Dana McCauley, Food Network Canada star and author of *Last Dinner on the Titanic*)

"Sandra Gutierrez, my go-to guide for all things culinary and Latin American, makes a strong case for this cool comfort food in *Empanadas* . . . Who knew that they could be hot or cold, big or little, sweet or savory, spicy or mild, plain or fancy, soft or crisp, meaty or vegetarian, even gluten-free? Sandra Gutierrez, that's who, and you won't find a more personable or passionate guide to lead you through the delicious world of empanadas." (Jean Anderson, member of the James Beard Cookbook Hall of Fame)

"Sandra Gutierrez's approach to this wondrous world of hand-held pies is nothing short of brilliant. The techniques and attention to detail are a testimony to her teaching style and the recipes are drool-worthy. Groundbreaking!" (Raghavan Iyer, author of *Indian Cooking Unfolded*)

Sandra A. Gutierrez grew up in Guatemala, is an expert on Latin American cuisine, and is the author of *The New Southern-Latino Table* and *Latin American Street Food*. She teaches cooking classes and blogs at [sandraskitchen.typepad.com](http://sandraskitchen.typepad.com).

Excellent recipes, have tried seven and has been a take of point for more that the cookbook inspired me to make, all wonderful. Dough guide has been invaluable.

This book arrived from seller quickly. cool little book, dozens of great sounding recipes, Different dough's, countries of origin, and many different fillings. Will take awhile to try them all!

I've eaten empanadas throughout Latin America and never attempted to prepare them. Aside from being highly informative, educational and an interesting read, my first prepared empanadas were excellent. Thank you Sandra.

Awesome seller and product!

Another grate book to help me stock up my freezer, for no cook day's in the summer.

This was a great book, I got this book for my daughter because she had a school a school project about empanadas and the history of them. The book is well put together and we knew exactly where to look to find what we needed!

If you like empanadas, and I recommend you try, this is a great book of recipes.

Great book. Once you learn the basics, you can start to mix recipes up.

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